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the European Union

ELISAH: Targeted Interventions for Breast Cancer Risk Reduction across Europe

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(3) Fundació Institut d'Investigació Sanitària Pere Virgili
(4) Ethniko Kai Kapodistriako Panepistimio Athinon
(5) Utility Non-profit Enterprise "Central City Clinical Hospital of Ivano-Frankivsk City Council"
(6) Azienda Ospedaliera Universitaria Policlinico "Paolo Giaccone" di Palermo
(7) Lifecharger. Data solutions for Health and wellness. Milano. Italia.
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ELISAH

European Linkage of
Initiative from Science
to Action in Health



OBJECTIVES

The coordination (WP1), to analyse European cancer plans and risk factors (WP2), determine risk factor prevalence in breast cancer patients (WP3), implement lifestyle interventions (WP4), reduce health inequalities (WP5), improve urban environments (WP6), and ensure effective dissemination (WP7).

METHODS

Provides scientific and administrative coordination of the project and connection among associated and collaborating partners

Gap analysis of national cancer plans, breast cancer rates, and risk factor distribution using databases, identifying disparities.

High-resolution studies using cancer registries in Greece, Italy, Spain, and Ukraine to assess obesity, tobacco, and alcohol prevalence in breast cancer patients.

Web-based interventions for lifestyle changes (diet, physical activity, smoke and alcohol), increased awareness about additives, harmful chemicals in food and cosmetics, ultra-processed foods and minimal advice interventions during mammography, targeting 3000 women each.

Actions addressing health inequalities, including interviews with 1000 IDPs in Ukraine and policy paper development.

Urban environment analysis in selected cities (Milan, Athens, Ivano-Frankivsk) to identify and propose actions to improve built environments.

Dissemination of findings through the Health Policy Platform and stakeholder meetings and evaluation the achievements of the action objectives.

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RESULTS

Detailed gap analyses, risk factor prevalence data, intervention feasibility, policy recommendations, improved urban planning, and increased awareness among stakeholders and the public, with a focus on vulnerable populations.

CONCLUSIONS

ELISAH will provide actionable data and implement targeted interventions to bridge the gap between research and practice, driving a holistic approach to breast cancer prevention across Europe, with a strong emphasis on addressing health inequalities and vulnerable populations.

COORDINATED BY

PARTNERS

AFFILIATED ENTITIES